

MENU

Week 1



THE FRESH LITTLE ALLOTMENT
SEASONALLY FRESH, PERFECTLY PICKED

Monday Tuesday Wednesday Thursday Friday

Mains

HAPPY TUMS

Chicken Curry
(Mk,So)

Pepperoni Pizza
(G,Mk)

Roasted Chicken Sausage with Gravy
(G,Su)

Pasta Bar (G)
Beef Bolognese
Tomato sauce

Breaded Pollock
(G,F)
or
Salmon Fishcake
(G,F)



Veggie

MEAT FREE

Vegetable Curry
(Mk,So)

Margherita Pizza
(G,Mk)

Vegetable Sausage with Gravy
(G,So)

Pasta Bar (G)
Nut free Basil Pesto (Mk)

Vegetable Fingers
(G)



veg

EXTRA GOOD

Carrots

Sweetcorn

Leek and Cabbage

Olives

Peas

Cauliflower

Coleslaw
(E)

Butternut Squash

Sweetcorn

Baked beans

carbs

FUEL FOOD

50/50 Rice

Potato Wedges

New Potatoes

Parsley and Mint Focaccia (G)

Chips



Dessert

SOMETHING SWEET

Fresh Fruit Platter

Vanilla Shortbread
(G)

Fruit Jelly

Beetroot Chocolate Cake
(G,E,Mk,So)

Orange Chocolate Cookie
(G,E)



Jacket Potatoes, 'Allergen Free' Salad Bar, Cold Desserts and Fresh Fruit are available daily.

APRIL
NEW
POTATOES

MAY
BASIL

JUNE
BEETROOT

JULY
MINT

Look for this logo on the menu to try a yummy seasonal special!

Dates

13/4/26, 11/5/26,
8/6/26, 6/7/26

Allergens:

Please note the allergens shown within these menus are subject to change.

Ce = Celery
Cr = Crustacean
E = Eggs

F = Fish
G = Cereals containing Gluten

L = Lupin
Mk = Milk
Mo = Molluscs

Mu = Mustard
N = Nuts
P = Peanuts

Se = Sesame Seeds
So = Soya
Su = Sulphur Dioxide



MENU

week 2



THE FRESH LITTLE ALLOTMENT
SEASONALLY FRESH, PERFECTLY PICKED

APRIL NEW POTATOES

MAY BASIL

JUNE BEETROOT

JULY MINT

Look for this logo on the menu to try a yummy seasonal special!

Monday

Tuesday

Wednesday

Thursday

Friday

Mains

HAPPY TUMS

Fusilli Bolognaise
(G,Mk)



Lamb and Eat Curious Tacos
(Mk)

Moroccan Style Chicken
(G)

Jacket Potato Bar:
Baked Beans
Pepperoni and Cheese
(Mk,Mu,So)

Baked Fish Finger
(G,F)

Veggie

MEAT FREE

Macaroni and Cheese
(G,Mk,So)



Vegan Mince and Eat Curious Tacos
(Mk)

Moroccan Vegan Plantballs
(G,So)

Jacket Potato Bar:
Baked Beans and Cheese
(Mk)

Cheesy Beans and Sweetcorn Quesadilla
(G,Mk)

veg

EXTRA GOOD

Carrots

Broccoli

Butternut Squash

Coleslaw
(E)

Minted Peas



Buffalo Beans

Green Beans

Sweetcorn

Baked beans

carbs

FUEL FOOD

Focaccia
(G)

Mexican Rice

New Potatoes



Chips

Basmati rice

Dessert

SOMETHING SWEET

Fresh Fruit Platter

Lemon Sponge Cake
(G,E,Su)

Fruit Jelly

Ginger Biscuit
(G,E)

Carrot Cake
(G,E)

Jacket Potatoes, 'Allergen Free' Salad Bar, Cold Desserts and Fresh Fruit are available daily.

Dates

20/4/26, 18/5/26, 15/6/26,
13/7/26

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F = Fish

L = Lupin

Mu = Mustard

Se = Sesame Seeds

Cr = Crustacean

G = Cereals

Mk = Milk

N = Nuts

So = Soya

E = Eggs

containing Gluten

Mo = Molluscs

P = Peanuts

Su = Sulphur Dioxide

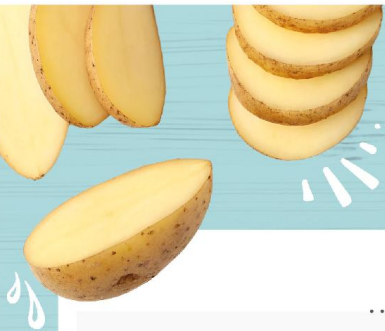


MENU

Week 3



THE FRESH LITTLE
ALL^oTMENT
SEASONALLY FRESH. PERFECTLY PICKED



Monday

Tuesday

Wednesday

Thursday

Friday

Mains

HAPPY TUMS

Chicken Meatballs
in Tomato Sauce



Lamb Keema Pitta
(G,So)



Pizza with Ham
and Sweetcorn
(G,Mk)

Beef and Eat
Curious Moussaka
(G,Mk)



Fish Fingers
(G,F)

Veggie

MEAT FREE

Plant Balls
in Tomato Sauce
(So)



Pitta Pockets with
Chickpeas
(G,So)



Margherita Pizza
(G,Mk)

Green Lentil
Moussaka
(G,Mk)



Vegetable
Fingers
(G)

veg

EXTRA GOOD

Sweetcorn

Tomato and Onion
Salad (Su)

Mixed Vegetables

Greek Green
Beans

Peas

Broccoli

Carrot Batons

Baked beans

carbs

FUEL FOOD

Wholemeal Penne
(G)

Sweet Potato
Roasties

Oven Baked
Potato Wedges.

Garlic Focaccia
(G)

Chips

Dessert

SOMETHING SWEET

Fresh Fruit Platter

Apple Cake
(G,E)

Fruit Jelly

Iced Sponge Cake
(G,E,Mk)

Chocolate Chip
Cookie
(G,E)

Jacket Potatoes, 'Allergen Free' Salad Bar, Cold Desserts and Fresh Fruit are available daily.

APRIL
NEW
POTATOES

MAY
BASIL

JUNE
BETROOT

JULY
MINT

Look for this logo on
the menu to try a
yummy seasonal special!

Dates

27/4/26, 22/6/26,
20/7/26

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F = Fish

L = Lupin

Mu = Mustard

Se = Sesame Seeds

Cr = Crustacean

G = Cereals

Mk = Milk

N = Nuts

So = Soya

E = Eggs

containing Gluten

Mo = Molluscs

P = Peanuts

Su = Sulphur Dioxide



MENU

Week 4



THE FRESH LITTLE ALLOTMENT
SEASONALLY FRESH. PERFECTLY PICKED

APRIL NEW POTATOES

MAY BASIL

JUNE BEETROOT

JULY MINT

Look for this logo on the menu to try a yummy seasonal special!

Monday

Tuesday

Wednesday

Thursday

Friday

Mains

HAPPY TUMS

Jacket Potato Bar:
Lamb Chilli Con Carne
Baked Beans

Fusilli Pasta With Lamb Mince
(G)



Roast Chicken, Yorkshire Pudding and Gravy
(G,E,Mk)

Chicken and Leek Sausage Hot Dog
(G,Su,Se,So)

Baked Fish Finger
(G,F)

Veggie

MEAT FREE

Jacket Potato Bar:
Baked Beans and Cheese
Vegan Bolognaise

Fusilli Pasta Fresh Tomato and Vegan Mince
(G,So)



Lentil And Vegetable Pastie with Gravy
(G)

Vegetable Sausage Hot Dog
(G,So,Se)

Homemade Cheese and Onion Pasty
(G,Mk)

veg

EXTRA GOOD

Coleslaw (E)
Sweetcorn

Choose from our delicious Salad Bar

Roasted Carrots
Green Beans

Peas
Sweetcorn

Peas
Baked Beans

carbs

FUEL FOOD

Focaccia
(G)

New Potato Focaccia (G)



Roast New Potato



Potato Wedges

Chips

Dessert

SOMETHING SWEET

Fruit Platter

Lemon Shortbread
(G,E)

Fruit Jelly

Raspberry Cake
(G,E)

Flapjack
(G)

Jacket Potatoes, 'Allergen Free' Salad Bar, Cold Desserts and Fresh Fruit are available daily.

Dates

4/5/26, 1/6/26,
29/6/26

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G = Cereals

Mk = Milk

N = Nuts

So = Soya

E = Eggs

containing Gluten

Mo = Molluscs

P = Peanuts

Su = Sulphur Dioxide

